



## Custer Park Sports & Fitness Center Facility Rules

### Facility Entrance

- Patrons entering the sports/fitness center are required to have a valid **Fit Pass**, purchase a **Day Pass**, or **be a registered Guest** to gain access to the facility and to participate in programs.
- When applying for a "Fit Pass", all applicants must show a state or government issued ID as well as a utility bill (power, gas, water, trash, etc.) to verify residency. If necessary, this address will be cross referenced via the City of Marietta Tax and Property website.
- Fit Passes must be presented/scanned at the Front Desk upon entry and kept on the individual at all times. Pass holders will be allowed to enter the facility three times without providing their Fit Pass to be scanned. Failure to present a Fit Pass after three visits will result in the charge of \$5.00 to replace the pass.
- A current photo is required to be kept on file for all Fit Pass holders. A new photo must be taken each time a Fit Pass is renewed or once a year.
- Fit Passes cannot be used by anyone other than the individual it is issued to. Patrons attempting to use a Fit Pass that does not belong to them, will be confiscated by center staff. Fit Pass holders who abuse their pass privileges are subject to temporary suspension for one month.
- All Fit Pass holders and guests of pass holders must sign and agree to the "City of Marietta Release".

### General Center Rules

- Proper footwear, shirts and appropriate clothing are required in the facility at all times.
  1. Proper athletic shoes will contain a sole, have all toes enclosed together and secured to the foot via laces or Velcro. Shoe soles must be "Non-Marking Soles".
  2. Clothing must cover midsection, chest, and buttocks at all times.
  3. Clothing should not depict lewd graphics or obscene language.
  4. Undergarments should not be visible.
  5. Clothing that is too revealing or could be offensive to others is not allowed.
- Personal electronics requires headphones. Patrons must provide their own headphones.
- The Sports & Fitness Center ("Center") is not responsible for lost, stolen or damaged personal items.
- Center staff will not hold any personal items (keys, wallets, cell phones, etc.).
- Individuals are not allowed behind the Front Desk or in "Staff Only" areas for any reason.
- During the school year, school aged participants will not be granted access to the Center during school hours. Exceptions will be made for home schooled youth, as long as they are accompanied by their teacher or parent/guardian.
- Alcohol, drugs, or tobacco/electronic smoking devices are prohibited in the building and on ALL City properties. Anyone found to be under the influence will not be granted access into the building.
- Skateboards and rollerblades are not allowed on city properties.
- Animals are not to be permitted in the building unless designated as a service animal.
- Courteous conduct is expected from all patrons in and around the Center. Soliciting, gambling, panhandling, loitering, sleeping, disruptive language or behavior, or activities of a similar nature are not permitted in the building or on the property.
- Conducting or soliciting of personal training is strictly prohibited, unless you are a signed contract employee of the City of Marietta/BLW.
- In case of an emergency, injury, etc., please notify any Center staff immediately.
- All side exit doors in the gymnasium are designated as "**Emergency Exits**" only, and are equipped with an active alarm system that triggers when the doors are opened. No one is allowed to enter the building through these doors.
- Willful, misuse, destruction or vandalism of City property or equipment is prohibited.

- Pass holders, patrons, and guests 12 years to licensed age must be accompanied by a “Fit Pass” holder over age 18 at all times to utilize the cardio/fitness room or attend “Fitness on Demand” classes, unless otherwise specified, while at the Center.

### Children

- Children under 12 years of age must be accompanied by a parent/guardian at all times, who is over the age of 18, during Open Play gym.
- Children should not be dropped off at the Center if they are not registered and participating in a scheduled program. Parents should verify the Center schedule for age appropriate activities prior to leaving your child at the facility.
- Please be prepared to pick your child up at least 15 minutes prior the end of the program’s scheduled end time.
- Temporary child care is available for parents while utilizing the Center only. Please see front desk for pricing and additional information. Parents may not leave the Center for any reason. There is a two hour maximum child care time limit, per child, per day. **(EFFECTIVE DATE IS TBA.)**

### Gymnasium

- **No food, drinks, or gum is allowed in the gym.**
- Users and guests must be 12 years of age or older to access the gym alone.
- Hanging on nets/rims and dunking are prohibited.
- All ball playing will be confined to the gym floor. No ball bouncing allowed in the lobby, hallways or gym walls.
- Basketballs will be provided by the facility and must be checked out at the front desk.
- Multi-sport courts are available on a first come, first serve basis. To ensure use of a court, Fit Pass Holders of six or more persons must make a reservation. (Please see Facility Rentals below.)

### Lockers and Dressing Rooms

- A limited number of lockers are provided in the downstairs restrooms for your convenience, for day use only.
- Pass holders are responsible for bringing their own lock to secure your locker during the time they are utilizing the facility. **Locks must be removed** from the locker upon completion of your daily visit.
- Any locks remaining on the lockers at the end of each day will be removed by Center staff.
- Please remove personal items from the showers at the end of use.

### Cardio/Fitness Room

- Pass holders and/or guests must return dumbbells/weights/plates/equipment accessories to their appropriate storage racks when finished. Never rest any weights against walls, or on top of benches.
- No intentional dropping or throwing of weights or equipment on the floor.
- No outside personal training/exercise instruction is allowed, unless you are a signed contract employee of the City of Marietta/BLW.
- Pass holders and/or guests are responsible for wiping off the equipment after use with the cleaning materials provided. Please do NOT use the Clorox Disposable Wipes on the touch screens of the machines.
- Cell phones must be used with headsets and phone conversations need to be taken outside the Cardio/Fitness rooms.
- No chalk, chains or Olympic lifting/momentum lifts allowed.
- Weight collars are required on the Smith machine.
- Any activity that may damage the facility/equipment or is deemed unsafe by Center staff must be stopped immediately.
- Please limit workouts on machines to 30 minutes when others are waiting.

### Exercise Rooms

- “Fitness on Demand” classes are open to ages 12 and up, unless otherwise specified.
- Only class participants are allowed in the activity rooms while a class is in session.
- Use of the activity rooms are limited to “Fitness on Demand” classes or other appropriate fitness activities approved by Center staff.
- Conducting or soliciting of personal training is strictly prohibited, unless you are a signed contract employee of the City of Marietta/BLW.

## **Facility Rentals**

- The Center offers various rental opportunities, provided that the rental does not conflict with regularly scheduled programs and activities. All rentals are by reservation only and will sometimes require a security deposit. The security deposit and rental fees are due at the time of reservation.
- Tables, chairs and other furnishings are not provided unless specifically stated on rental application.
- All facility reservations must be made seven days in advance. Additional information may be required before the application is approved and payment is accepted.
- All group activities of six or more people, or more than one shared court (half court for basketball, one court for badminton, pickleball, or volleyball), are required to make paid facility reservations for the gymnasium on Saturdays and Sundays. Facility reservations must be made seven days in advance.
- Please see Front Desk for more information concerning rental reservations.

Please see any Center staff if you have any questions or need assistance during your visit.