SEPTEMBER IS NATIONAL PREPAREDNESS MONTH

In celebrating National Preparedness Month, the Marietta Fire Department would like to take a moment to suggest a few preparedness tips:

- **Create a family communications plan .** Having a communications plan ensures that you can contact and alert your l oved ones during an emergency.
- **Find creative ways to help prepare family & friends**. One cool way of helping to prepare family and friends is to invite them out for a day of Orienteering. The sport of Orienteering promotes good health and also develops map reading skills.
- **Consider joining a community preparedness organization** . There are many volunteer organizations that you can get involved in that offer help to others during an emergency. The Red Cross and Community Emergency Response Teams are just two examples.
- **Get out and play**. Playing is a fun way to get exercise. Having a healthy body is an awesome example of individual preparedness.

DON'T WAIT.
COMMUNICATE.
MAKE YOUR EMERGENCY PLAN TODAY.
FEMA AMERICA'S PrepareAthon! Ready
NATIONAL PREPAREDNESS MONTH 2016

MARIETTA GEORGIA MFD Est. 1854 FIRE